



My Discussion Guide

Diagnosed

Use this list of questions to help guide your discussion about AMD with your eye care specialist at your next appointment:

What's the difference between dry AMD and wet AMD?

Will my vision get worse?

What can I do to slow down the progression of AMD?

What can I do to stay independent?

Should I be taking eye vitamins such as Vitalux[®]?

Why are lutein and zeaxanthin important in treating AMD?

Is it all right for me to be out in the sun?

(If you smoke): Why is it so important to quit smoking?